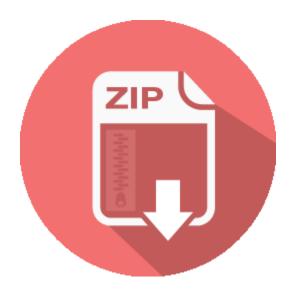
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Sara Gottfried, MD is the New York Times bestselling author of The Hormone Cure (Simon & Schuster, 2013) and The Hormone Reset Diet (HarperOne, 2015).

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